

PREODOLENIE-L CENTRE EASTERN MOSCOW  
CENTRE FOR VOCATIONAL AND ARTISTIC REHABILITATION OF CHILDREN WITH  
DISABILITIES.

OUR MISSION IS TO HELP HANDICAPPED CHILDREN ENTER NORMAL SOCIETY.

\* THE PRESCHOOL "LASTOCHKA" helps 30 plus children both handicapped and healthy prepare for normal or special schools. These Cerebral palsied, retarded, autistic and blind live an isolated life at home and can not go to regular preschools.



This is the Lastochka Speech therapy class. And the home room where normal and disabled play together.



\* THE ERUDITE therapy PROGRAM for severely mentally handicapped older children who have no possibility of further education.

\* AFTER SCHOOL AND WEEKEND CLASSES IN ART, DANCE AND THEATER which give the handicapped a chance to perform jointly with the normal kids. \* A PREP CLASS FOR FIRST GRADE helps both challenged and normal local kids get ready for first grade.

\* OUTDOOR SPORTS EVENTS: Here is the center director Lydia Borisovna Ivanova welcoming the children at the fall outdoor sports festival. Disabled and able kids, with and without parent helpers, from both the local school and the center competed for prizes given out by our clown.





Little Maxim and Vera, with Maxim's dad and sister, at the sports event are physically doing better thanks to the special exercise overhead halter/walker given to the center by the British Women's Club and Choir.

\* THE THERAPEUTIC HORSE RIDING PROGRAM HELPS 60 CHILDREN LEARN TO WALK AS WELL AS RIDE. This is "Victory" carrying Igor. And Nastia, severely disabled with CP doing exercises with the help of the therapist. She can now walk!



This will soon be OUR OWN Equestrian Center, reachable by METRO! This wonderful site was just granted to Preodolenie-L by the Mayor of Moscow. But the Stable needs fitting out and the Manège (above) needs a roof for inclement riding.

Who has helped the center financially over the past few years? ARC, United Way, the

City of Moscow as well as groups like the BWC, the BWC Choir and the DSFA.

#### HOW CAN YOU HELP

- \* Volunteer some time as a teacher's aid, horse riding helper, English Teacher etc.
- \* Sponsor children in a program. Programs and classes used to be free but now we have no state funding so parents must pay about from US 50 to 100 per month, and not all can do this.
- \* Help build the new Equestrian Center with small or large contributions.
- \* For more information contact Lydia Ivanovna, Artem Ivanov, or Toni Russin at the following:  
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